

# Employee Assistance Program

North Boone CUSD 200 Business Committee

October 9, 2019

*Offered by Dearborn National and ComPsych*

## What is an Employee Assistance Program

EAP's focus on employee wellness and productivity.

Employees and their family members can contact ComPsych with issues related to behavioral and emotional health, family, legal, financial, wellness or other personal matters 24 hours a day seven days a week.

## Process

Online tools for staff to utilize

Staff voluntarily call EAP for assistance (confidential)

EAP staff perform intake and work with employee to recommend resources and potential follow up care

## Why offer an EAP?

When employees face problems it can impact their workplace performance. Offering options for staff to reduce stress or find resources can increase productivity.

Can potentially have an impact on medical insurance by getting staff assistance quicker.



*Current Proposal covers all staff  
that are eligible for insurance.*

*3 sessions \$2,699 annual*

*5 sessions \$2,961 annual*