# **Physical Education**

Proposal for additional FTE

"Learning is not the product of teaching. Learning is the product of the activity of learners."

John Holt

#### PE - Current vs. Proposed

#### Current

- 2 class periods per day
- 6 sections of PE, 4 sections of Health
- 25:1 students to teacher
- 3 PE teachers per period
- 2 Health teachers per period
- Health taught separately
  - Students have 3 qtrs of PE, 1 qtr of Health

#### **Proposed**

- 6 class periods per day
- 10 sections of PE
- 25:1 students to teacher
- ♦ 1-2 PE teachers per period
- Health taught within PE curriculum
- Students have 4 qtrs of PE

- ★ Increases flexibility in scheduling
  - Special Education students into General Education Settings
  - More heterogeneous class rosters
  - Enables separation of students
    - Conflicts
    - Catalysts

- ★ Disciplinary impacts
  - Decreases number of students in locker room (from approx. 38 students to 25)
  - Improved communication and follow through by PE Staff
  - More options to separate difficult students

- Social Emotional Learning
  - Increased opportunities throughout the day to meet with students
  - Less time away from Core Academics

- ★ Instructional Delivery
  - Less time lost no longer have to use UE gym or cafeteria
  - Improved instruction and student engagement - Fewer students in gym allows for skills teaching, practice, and assessment
  - Health curriculum woven into planning

- Teaching Staff
  - Opportunities to mentor and observe each other
  - Subbing within when subs do not fill
  - Flexibility in scheduling 504s and IEPs
  - Common planning time
  - PE staff available during Team time
  - Decrease number of shared staff
  - PE teachers in building all day

#### **PE and Coaching Considerations**

- → PE teachers visible throughout the day
- ★ Fostering of positive relationships fewer students at one time = greater opportunity
- Multiple settings classroom, lunchroom, athletic competitions
- ★ Position lends itself to athletic coaching and recruiting of players

