

ATTACHMENT IX-D

ATTACHMENT IX-D: Overnight Field Trip Request – NBHS Natural Helpers

Suggested Motion: Motion to approve the NBHS Natural Helpers Overnight Field Trip to Whitewater, WI for a retreat

Recommended Action: Approve as presented.

Attached is a request from the NBHS Natural Helpers for an overnight field trip on May 12-13, 2011 to Whitewater, WI for a Natural Helpers Retreat. Mrs. Troller is supportive of the trip.

Overnight Field Trip Request

(Requests must be made 60 days in advance.)

Class / Organization: Natural Helpers School: North Boone High School

Date(s) of the trip: May 12 - 13, 2011

Destination: Natural Helpers Retreat Whitewater, WI

Number of students attending: 9 Male: 1 Female: 8

Chaperones (list each name): _____
_____ Parent chaperone
for male student

Mode of transportation: School BUS

Overnight Accommodations: Baymont Inn & Suites

Explain how costs are being met: member contribution
member fundraisers

Is a trip planner being used: _____ If yes, give name and experience: _____

Please attach a detailed itinerary / objectives for visiting each sight: (Use additional paper if needed)

Signature: Cheryl Peltrows Date: 3/8/11

Principal's approval: Christine Tollen Date: 3/11/11

Superintendent's approval: _____ Date: _____

Board approval: _____ Date: _____

Please attach any necessary information for clarification purposes.

This form may be more restrictive than policy.

NATURAL HELPERS RETREAT AGENDA

- 8:45 - Depart
- 9:30 - Arrive
- 9:30 - Settle in
- 10:00 - Get acquainted-pass out name tags (each student gives name, school, and favorite food)
 - 1. " Wampum" to learn names.
- 10:15 - Day 1 - Lesson 1
 - 1. Personal secret (hand out)
 - 2. Name tag (index cards)
- 11:15 - Day 1 - Lesson 2: Labeling
 - 1. Headbands
 - 2. Masks
- 12:00 - LUNCH
- 12:30 - Day 1 - Lesson 3 & 4: Trust
 - 1. 3x5 cards
 - 2. I am a person who (hand out)
 - 3. "Untie the Knots" (shoe strings)
 - 4. People I trust (hand out)
 - 5. Trust Walk (Number groups, paper bags to cover eyes)
- 1:30 - Day 1 - Lesson 5: Teamwork
 - 1. River of Fire (carpet squares)
 - 2. Lap sit
- 2:00 - Helping Resources (letter teams) use resource books.
- 2:45 - Break
 - Leaders will have time to talk about the day so far. Also teach volunteers "Because I Want to be Loved".
- 3:00 - Bags (for warm fuzzies)
- 3:30 - Family Flags (color groups, for dinner)
 - Select volunteers for "Emotions" skits
- 4:00 - Phone booth game (one large group)
 - Volunteers practice "Emotions" skits
- 4:45 - Day 2 - Lesson 2: Knowing when friends need help
 - 1. Four volunteers perform "Emotions" skit
- 5:30 - Relaxation before dinner
- 6:00 - Dinner (sit with "flag families")
- 6:50 - Discuss rules for bedtime and cleaning up in the morning.
- 7:00 - Day 2 - Lesson 3: Expressing care and concern
- 7:15 - Day 1 - Lesson 6: Wrap-up
 - 1. Reflection booklet
 - 2. Sharing
 - 3. Sing "Lean on Me"
- 9:15 - possibly a talent sharing?