

## Students

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### **Food Allergy Anaphylaxis Prevention, Response, and Management Program**

School attendance may increase a student’s risk of exposure to allergens that could trigger a food-anaphylaxis. Students at risk for anaphylaxis benefit from a School Board policy that coordinates a planned response in the event of an anaphylactic emergency. Anaphylaxis is a severe systemic allergic reaction. A food allergy is an adverse reaction to a food protein mediated by the immune system which immediately reacts causing the release of histamine and other inflammatory chemicals and mediators from exposure to allergens that is rapid in onset and can cause death. Common allergens include animal dander, fish, latex, milk, shellfish, tree nuts, eggs, insect venom, medications, peanuts, soy, and wheat. A severe allergic reaction usually occurs quickly; death has been reported to occur within minutes. An anaphylactic reaction can also occur up to one to two hours after exposure to the allergen.

While it is not possible for the District to completely eliminate the risks of exposure to allergens an anaphylactic emergency when a student is at school, a Food Allergy Anaphylaxis Prevention, Response, and Management Program using a cooperative effort among students’ families, staff members, and students, health care providers, emergency medical services, and the community helps the District reduce these risks and provide accommodations and proper treatment for allergic anaphylactic reactions.

The Superintendent or designee shall develop and implement a Food Allergy Anaphylaxis Prevention, Response, and Management Program that for the prevention and treatment of anaphylaxis that:

1. Fully implements the following goals established in The Ill. State Board of Education (ISBE)’s model policy required by the School Code that: (a) identifying students with relates to the care and response to a person having an anaphylaxis reaction, (b) addresses the use of epinephrine in a school setting, (c) provides a full food allergies, (b) preventing allergy and prevention of allergen exposure to known allergens, (e) responding to allergic reactions with prompt recognition of symptoms and treatment plan, and (d) educating and aligns with 105 ILCS 5/22-30 and 23 Ill.Admin.Code §1.540.
2. Ensures staff members receive appropriate training all staff about management of students with food allergies, including administration of medication with an auto injector, and providing: (a) an in-service training program for staff who work with students that is conducted by a person with expertise in anaphylactic reactions and management, and (b) training required by law for those staff members acting as trained personnel, as provided in 105 ILCS 5/22-30 and 23 Ill.Admin.Code §1.540.
3. Implements and maintains a supply of undesignated epinephrine in the name of the District, in accordance with policy 7:270, *Administering Medicines to Students*.
4. Follows and references the applicable best practices specific to the District’s needs in the joint State Board of Education and Ill. Dept. of Public Health publication Centers for Disease Control and Prevention’s *Voluntary Guidelines for Managing Life-Threatening Food Allergies in Schools*, available at: *and Early Care and Education Programs* and the *National Association of School Nurses Allergies and Anaphylaxis Resources/Checklists*.  
[www.isbe.net/nutrition/pdf/food\\_allergy\\_guidelines.pdf](http://www.isbe.net/nutrition/pdf/food_allergy_guidelines.pdf)

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5. Provides annual notice to the parents/guardians of all students to make them aware of this policy.

3-6 Complies with State and federal law and is in alignment with Board policies.

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Monitoring

Pursuant to State law and policy 2:240, *Board Policy Development*, the Board reviews and makes any necessary updates to this policy at least once every three years. The Superintendent or designee shall assist the Board with its review and any necessary updates.

LEGAL REF.: 105 ILCS 5/2-3.449 and 190. 5/10-22.39(e), and 5/22-30.  
~~Guidelines 23 Ill. Admin. Code § 1.540.~~  
~~Anaphylaxis Response Policy for Managing Life-Threatening Food Allergies in Illinois Schools (Guidelines), jointly published by the State Board of Education and Ill. Dept. of Public Health (SBE).~~

CROSS REF.: 4:110 (Transportation), 4:120 (Food Services), 4:170 (Safety), 5:100 (Staff Development Program), 6:120 (Education of Children with Disabilities), 6:240 (Field Trips), 7:180 (Prevention of and Response to Bullying, Intimidation and Harassment), 7:250 (Student Support Services), 7:270 (Administering Medicines to Students), 8:100, (Relations with Other Organizations and Agencies)

~~ADOPTED: December 13, 2010~~

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